

Intake Form – Child/Adolescent Section

To be completed by child/adolescent.

Name: _____ Phone: _____

Reason for Seeking Counseling:

State the nature of your problem in your own words for which you are seeking counseling.

How long has this issue existed? _____

What is your most difficult relationship right now? _____

What is your most difficult emotion right now? _____

Rate each of the following life issue with the following key: **no issue=0; mild issue=1; moderate issue=2; severe issue=3.**

___ Boy/Girlfriend	___ Parent Divorce/separation	___ Alcohol/drugs	___ God/faith
___ Friendships	___ Child custody	___ Other addictions	___ Church/ministry
___ Social Activity	___ Family	___ Siblings	___ Sadness
___ Disabled	___ Past hurts	___ Money/budgeting	___ Stress control
___ Sexual issues	___ Depression	___ Anger control	___ Loneliness
___ Codependency	___ Self-harm	___ Communication	___ Weight control
___ Grief/loss	___ Fear/anxiety	___ Parents	___ Behavior
___ School/learning	___ Emotions	___ Authority	___ Health

Personality Data:

Circle any of the following words that best describe you:

Active	Shy	Hardworking	Leader	Compulsive
Nervous	Likeable	Impulsive	Follower	Excitable
Impatient	Self-conscious	Often-blue	Sarcastic	Serious
Moody	Jealous	Calm	Self-confident	Easy-going
Imaginative	Ambitious	Good-natured	Persistent	Quiet
Introverted	Extroverted	Fearful	Loner	Stubborn

Others: _____

What are you good at doing? _____

What do you like about yourself? _____

What do other people like about you? _____

Is there anything you are afraid of? _____

If you had three wishes, what would they be?

Wish #1 _____

Wish #2 _____

Wish #3 _____

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If you were an animal, what animal would you be and why? _____

If anything in your life could be different, what would you want to change?

Who is your favorite hero or fictional character? _____

What do you like about him/her? _____

List three things that are important to you

Tell about one dream you've had: _____

If you could go to the moon, who would you take with you? _____

If you found a thousand dollars lying on the sidewalk, what would you buy with it?

Finish these statements

I am _____

Others are _____

My world is _____

Child/Adolescent signature: _____ Date: _____

Counselor's signature: _____ Date: _____